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# **RURAL MENTAL HEALTH**



**A FAMILY FARM  
ORGANIZATION**



**OUR MISSION IS TO**  
ADVOCATE FOR FAMILY  
FARMERS, RANCHERS, FISHERS,  
AND THEIR COMMUNITIES  
THROUGH EDUCATION,  
COOPERATION, AND  
LEGISLATION.



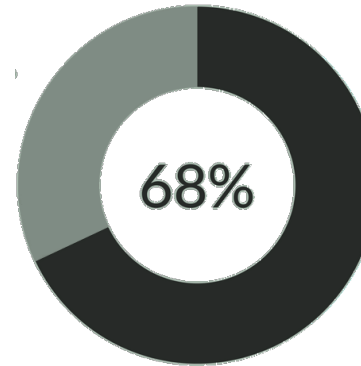
# 1980s FARM CRISIS



# FARM TOWN STRONG

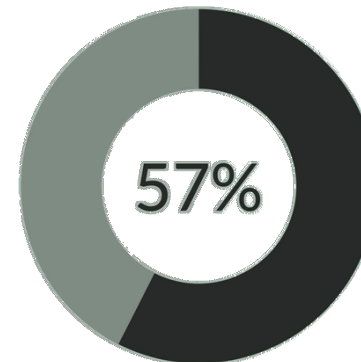


## A MAJORITY OF RURAL AMERICANS BELIEVE THESE WILL SOLVE THE OPIOID CRISIS:



### EDUCATION

Increasing public education surrounding resources.



### REDUCING STIGMA

Reducing the shame or stigma of opioid addiction

# MENTAL HEALTH RESOURCE



## Farm Stress Training

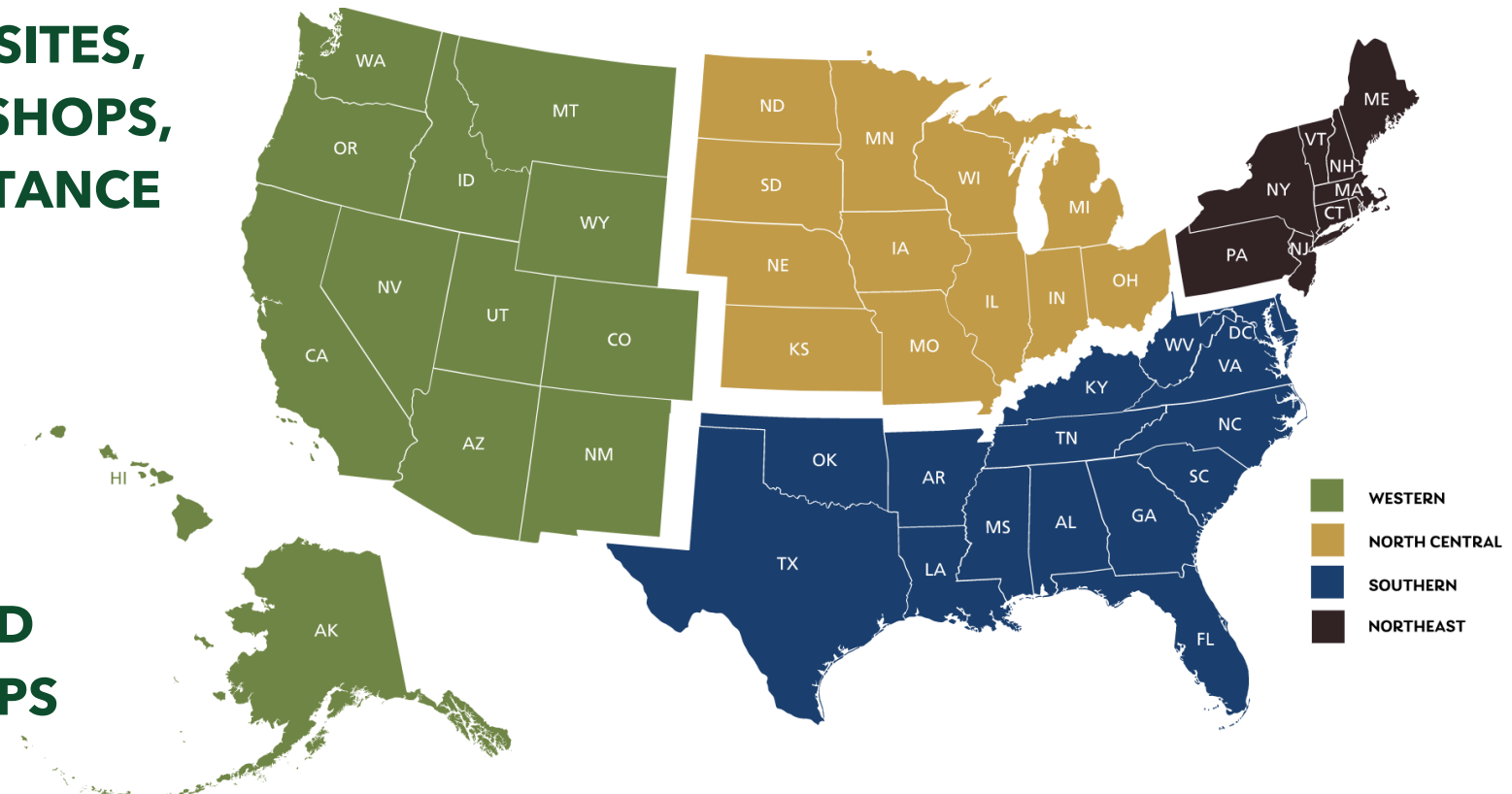
for farmers' friends, family members, and neighbors

# FARM AND RANCH STRESS ASSISTANCE NETWORK (FRSAN)



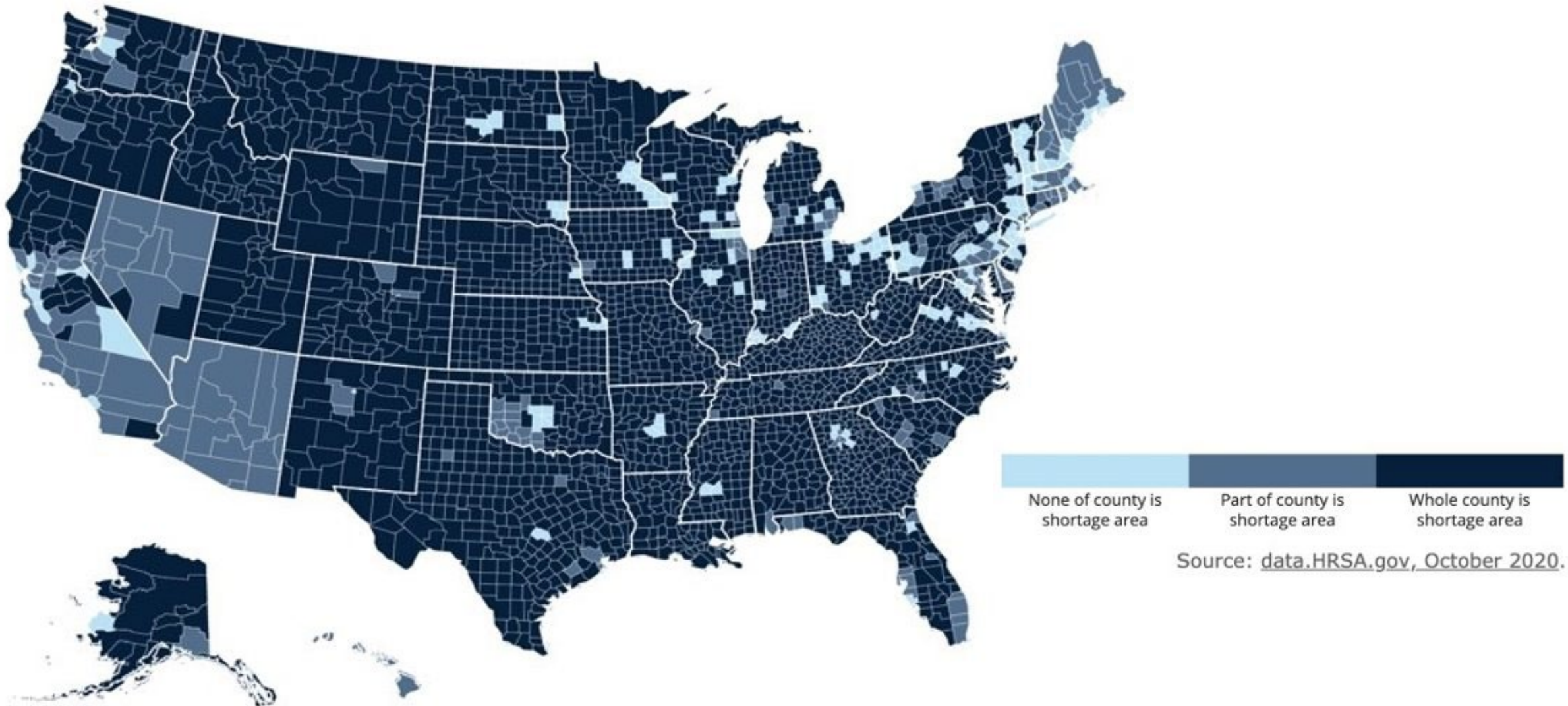
- REAUTHORIZED BY 2018 FARM BILL
- FUNDS FARM HELPLINES, WEBSITES, TRAINING PROGRAMS, WORKSHOPS, OUTREACH, AND HOME ASSISTANCE
- NFU & NASDA LED LETTTER TO APPROPRIATORS WITH 30+ ORGANIZATIONS
- \$28 MILLION WAS DISTRIBUTED FROM CONSOLIDATED APPROPS ACT OF 2021

## FRSAN REGIONS





# MENTAL HEALTH SERVICES SHORTAGE AREAS







# **RURAL MENTAL HEALTH**